



the JOURNEY

Winter 2023

A Lifetime of Service

By Michael Hennig, Communications Coordinator



Doris Jacobi is certainly no stranger to staff and residents of the Good Samaritan Dr. Gerald Zetter Care Centre. As one of the care home's longtime residents, Doris has been a model resident, a fixture at care home events, a source of warmth and kindness, and a valued member of the Zetter community. For all she brings to the care home today, however, her embodiment of the Good Samaritan values and spirit extends across an entire lifetime.

Beginning in the mid-1950s, Doris became a volunteer for The Good Samaritan Society, working tirelessly to get our then-fledgling organization up and running. She began volunteering shortly after the formation of the Good Samaritan Women's Auxiliary, a group dedicated to helping make the brand-new Good Samaritan Hospital "a home for the old people, a place they would love and where they would lead pleasant and useful lives and achieve much happiness." Alongside other members of the Auxiliary, Doris contributed immensely in every way that she could, whether it was sewing bedding and other items for the hospital, canvassing for donations in churches and across Edmonton, or even organizing yearly spring teas that attracted the likes of Lieutenant Governor Lois Hole and other prominent figures. She was also instrumental in archiving and preserving the organization's history, assisting J. Marilyn Scott in gathering information for



"I've always supported chaplaincy at Good Samaritan, it's the most important need in everyone's life, whether we realize it or not. I've always directed my donations at Good Samaritan to pastoral care, to make sure that presence of care is there when its needed."



Living the Parable: The First Fifty Years of The Good Samaritan Society. After nearly 60 years of dedicated service across the organization, Doris became a resident of the Dr. Gerald Zetter Care Centre, at last making the place she spent countless hours over the decades her home.

In addition to her lifetime involvement with Good Samaritan, Doris Jacobi has used her passion and dedication to have a positive impact across other areas and organizations. In particular, Doris has been a tireless advocate for the Connemara Pony throughout her lifetime, having recently received the Michael O'Malley Award from the International Connemara Pony Society this past November. The prestigious award honours her 40 years as a breeder, as well as her lifelong commitment to promoting of the breed across the globe. The award added to a long list of accolades for Doris; she is a founding member of both the Alberta Carriage Driving Association and the Edmonton Area Alberta Dressage Association, an Honourary Life Member and Examiner Emeritus of the Canadian Pony Club, and the first breeder to bring Connemara ponies to Alberta. Just as with Good Samaritan, Doris enriched the equestrian community with her expertise and willingness to lend a helping hand to all who asked.

Since its inception in 1949, Good Samaritan has existed because of the unwavering dedication of its volunteers. It is truly inspiring to see Doris' lifelong passion for giving back benefit not only our organization, but also other worthwhile causes in their communities. For her entire life, Doris has embodied what it means to be a Good Samaritan, and is a shining example of the impact we all hope to achieve through our work and daily lives.



Volunteers Needed

Volunteers play a major role in providing care in our care homes and programs. Last year, over 600 volunteers contributed over 20,000 hours to assist us in enhancing comfort to over 5,000 residents and clients.

Why Volunteer?

- Make a difference in people's lives and your community;
- Gain education/work experience;
- Develop new skills;
- Experience personal growth and development; and
- Become a Good Samaritan.

If you're ready to make an impact and become a Good Samaritan, submit an application today at:

www.gss.org/volunteer



THE
GOOD
SAMARITAN
SOCIETY

GOOD
SAMARITAN
CANADA

Message from the President and Chief Executive Officer



Dr. Katherine Chubbs, RN, BN,
MHS, CHE, DBA

As I write this message, I stare at the blanket of snow covering the city. I'm reminded that soon spring will be here and with the melting snow, comes new energy and possibilities.

Following three years of new variants, new vaccines and modifications to public health guidance, changes are starting to happen as it relates to COVID-19. The virus is not gone; we have to remain vigilant, but my hope for more normalcy in our world is higher than it has been in a long time.

Our staff on the front lines caring for our residents and clients still see the impacts of COVID every day. As a testament to their resiliency, they continue to face each new

challenge with optimism and enthusiasm. Over the last few months, we also saw influenza and other severe respiratory diseases come into our communities. Continued diligence is needed to keep everyone safe and healthy. We encourage everyone to take advantage of any and all vaccinations that can keep you, your families and communities, and those you care for safe and healthy. Vaccinations have never been more important!

This past fall and winter were busy at Good Samaritan. In October, we received a special recognition from the Government of Alberta in the form of the 2022 Minister's Seniors Service Award for Building Better Together. This is awarded annually to an Alberta individual, business, group, or non-profit organization that strives to bring together organizations and service providers to build collaborative networks to improve services to seniors. The award we received was largely due to the incredible work happening at Good Samaritan related to Truth and Reconciliation.

Another key success these past few months relates to funding. This past year, our care homes in BC received nearly \$350,000 in funding through the BC government EquipCare program for much needed infrastructure, equipment and furnishings. This

funding was in addition to funding received through Health Canada's Safe LTC Fund to improve the safety of care for those living in continuing care and their care providers. Good Samaritan care homes benefited greatly from the funding received from our federal and provincial partners. We thank them for their continued support.

Accreditation survey preparation has begun at Good Samaritan. We undergo Accreditation every four years as an ongoing process of assessing and improving our organization's health and social services against national standards of excellence. Accreditation demonstrates to our residents, families and communities that we strive for excellence in quality and safety. In October, Accreditation Canada surveyors will visit Good Samaritan locations and see how we measure against national standards. I look forward to showcasing the wonderful work our Good Samaritans do every day. Watch for more information on Accreditation in the coming months.

We will soon be entering the final year of our strategic plan. So many ambitious and important initiatives are underway. We heard what priorities we should focus on from many of our stakeholders – residents, individuals, and families; our staff; and other stakeholders. I am pleased to say we have made tremendous progress on all priorities



There was a Sea of Orange in support of National Day of Truth and Reconciliation at Good Samaritan's manager's meeting held at Home Office in September



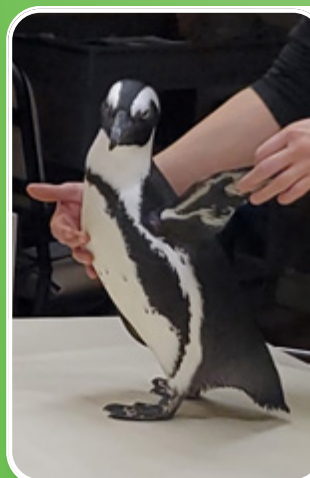
Katherine and Crystal de Jong, Manager, Site and Clinical for Good Samaritan Dr. Gerald Zetter Care Centre, volunteering at an Edmonton Oil Kings game

and are on track to deliver on the commitments in our plan. This year, we will continue our outreach and engagement to build a new strategic plan that will steer our organization into the future.

Spring is my favorite season. It always feels like a time of rejuvenation and the potential for exciting opportunities. As Good Samaritans, we embrace the future with open minds and servant hearts, ready to take on what our communities need us to. I am confident that at Good Samaritan we have the right Board, employees, and partners to face the future. It is an amazing time to be a Good Samaritan!

Katherine

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WHO'S BLACK AND WHITE AND CUTE ALL OVER?

Waddle over to page 21 to learn who visited clients of the CHOICE program.

Employee Spotlight

Cindy Bellamy



Cindy is described by coworkers as “a dedicated, exceptional administrative assistant”, “a huge support”, and “always willing to lend a helping hand”

Cindy Bellamy is the BC Regional Administrative Assistant for Good Samaritan Canada. She has worked for Good Samaritan Canada since 2008, becoming a universally beloved and valued member of the Good Samaritan family. We asked Cindy a few questions so everyone can learn a little bit more about her.

What is the best part of your job?

I think the best part about my job is working such dedicated and wonderful co-workers.

What inspired you to work in the care sector?

I wanted to work for a not-for-profit organization because I wanted to feel like I’m giving back in some way.

What is your secret talent/what is something that people don’t know about you?

Since the pandemic, I have taken up painting by numbers as a way to de-stress. As I am painting, I also enjoy binge-listening to true crime podcasts.

Do you have a favourite memory you would like to share from your time at Good Samaritan?

A favourite memory would be when all of the BC managers drove to Delta to visit and tour Good Samaritan Delta View Care Centre. We also had our monthly managers meeting at Delta View; it is so beautiful and the staff were so friendly and welcoming.

Any tips for new employees?

Working together will ensure the best care for our residents; after all, that is why we are working for Good Samaritan.

What is one skill you would love to do?

I think singing might be a skill I would love to have.

Cindy was nominated by Carolyn Monz, Market Housing Coordinator at Good Samaritan Mountainview Village.

Employee Spotlight recipients receive a Good Samaritan theme basket. If you have someone you would like to nominate, email communications@gss.org.

Creating Hospitable Environments

By Sherry Busslinger, Manager, Site and Clinical Services, Good Samaritan Stony Plain Care Centre



▲ Sherry (left) presents Joanne (right) with her Hospitable Environments Award as part of Good Samaritan's annual Awards of Distinction

This past November, Good Samaritan celebrated Joanne Pretorius as the winner of the Hospitable Environments Award. A Rehabilitation Aide and a Health Care Aide at Good Samaritan Stony Plain Care Centre, Joanne has been an incredible asset to our Rehabilitation and Nursing departments.

Through effort, dedication, and hard work, Joanne was able to and was able to secure a grant this year that allowed us to modernize our rehabilitation gym and make the surroundings more hospitable and inviting to our residents. The grant enabled the purchase of equipment, storage, and a big screen television for our residents. The improvements also made the gym easier to clean, helping with infection control as we continue to battle the pandemic.



▲ Joanne planting vegetables and flowers with residents as part of a rehabilitation project

In addition to the grant, Joanne also coordinated a plant sale to raise more funds for more rehab gym equipment. She reached out to the communities of Stony Plain and Spruce Grove to secure funds and donations for the plant sale, working alongside the Fund Development team and the care home. Joanne spent countless hours above and beyond her duties coordinating and arranging donations, in addition to transplanting plants with our residents as part of a rehab treatment plan.

On top of that, Joanne is a wonderful and thoughtful therapy aide working with our residents. Joanne consistently picks up health care shifts when staffing is low, is always willing to assist with rapid testing, and completes the N95 testing in our care home. She works effortlessly to keep everyone safe.

Joanne truly embodies the caring and compassion makes us Good Samaritans. She is an asset to our care home and organization, and we are grateful to have her working beside us. Congratulations on your award, Joanne. It is well deserved.



HOSPITABLE ENVIRONMENTS AWARD

The hospitable environments award recognizes an employee that provides safe, comfortable communities inspiring involvement, where people experience a sense of caring, belonging and purpose. Nominations are from employees, residents, and families.

Ensuring Quality Care Through Accreditation



When it comes to care, quality matters. As a care provider for aging individuals and persons with developmental disabilities, it's important that residents and their families can trust in our ability to provide safe, quality accommodations and services. That's why, starting in October, The Good Samaritan Society and Good Samaritan Canada will undergo our next accreditation journey. Over the coming months, GSS and GSC will be working to meet and exceed standards set out by Accreditation Canada and improve quality, safety, care, and service for our residents.

What is Accreditation?

Overall, accreditation is an ongoing process of assessing health care and social services organizations against standards of excellence to identify what is being done well and what needs to be improved. For Good Samaritan, accreditation helps create better health care and services for our residents and their families, allowing us to understand how to make better use of our resources, increase our efficiency, enhance care quality and safety, and reduce risk in our care homes and programs.

This year, Good Samaritan will be assessed using Accreditation



Good Samaritan continues to demonstrate resident-centred care as a guiding principle and a commitment to quality and safety

Canada's Qmentum program. Our care homes, offices, and programs in Alberta and British Columbia be assessed for six Standard Sets: Governance, Leadership, Infection Prevention and Control, Long Term Care, Medication Management, Residential Homes for Seniors, and Service Excellence.

Who Conducts Accreditation?

Accreditation is conducted by Accreditation Canada, an independent, nongovernmental organization that works with healthcare authorities, hospitals, and community-based programs and organizations to advance quality and safety in healthcare. For over 55 years, Accreditation Canada has worked to improve quality, safety, and efficiency to provide residents and their families with the best possible care and service.

To learn more about Accreditation Canada, visit accreditation.ca.

Raising the Bar

The Good Samaritan Society and Good Samaritan Canada have a proven record of success exceeding accreditation standards for quality, safety and accountability. In October 2019, The Good Samaritan Society and Good Samaritan Canada went beyond the requirements of the Qmentum accreditation program and were commended by Accreditation Canada for promoting a culture that lives its mission, vision and values. We achieved 99% (594/600) of total criteria met within the standard sets. Additionally, Good Samaritan met 100% of the Standard Sets for Medication Management, Infection Prevention and Control, and Governance.

As our accreditation journey begins once again, we hope to continue leading by example for our industry and demonstrating our commitment to achieving and maintaining excellent quality and safety standards for our residents.

Good Samaritan Awarded for Building Better Together

By Michael Hennig, Communications Coordinator



(L-R) Marlin Schmidt, MLA (Edmonton-Goldbar), Steve Kovacic, Vice-President and Chief Human Resources Officer, Matt Joy, Director of Mission, Ethics, Research and Reconciliation, Dr. Katherine Chubbs, President and CEO, Honourable Josephine Pon, Former Seniors' Minister and MLA (Calgary-Beddington)

This past October, Good Samaritan proudly received the 2022 Minister's Seniors Service Award for Building Better Together from the Government of Alberta. The awards were presented by Former Minister of Seniors and Housing Josephine Pon.

The Minister's Seniors Service Awards are awarded to individuals, businesses and non-profit organizations who support seniors, lead the way for improved services, and contribute to strong communities. In 2022, the Building Better Together Award recognized a group "that strive[s] to bring together organizations and service providers to build collaborative networks to improve services to seniors."

"Thank you to the entire Good Samaritan team for all they do to achieve this recognition," said President and CEO Dr. Katherine Chubbs. "It is so well deserved."

The Good Samaritan Society is truly honoured to be recognized by the Government of Alberta for our team's hard work across Alberta. With your help, we look forward to continually elevating seniors' care through collaboration and community.



News and information from Mission, Ethics, Research, and Reconciliation

ROOTED in What's Right: Courage

By Matt Joy, Director, Mission, Ethics, Research, and Reconciliation



Long before Tommy Douglas served as Premier of Saskatchewan or became known as the 'father of Medicare,' formative experiences shaped his dreams for a better world. We know that adversity is inevitable in this life and that growth can be experienced through it. Like Douglas, we are shaped through the crucible of challenge and need to draw from the well of courage to hold out hope for the possibilities in the world we get to be a part of building.

Born in Falkirk, Scotland, in 1904, Tommy spent his formative years there before immigrating to Canada with his family when he was six years old. Prior to that momentous move, Tommy had a bad fall and cut his knee on a rock – not an uncommon reality among kids of that age. But as time went on, the wound wasn't healing, and a rare but severe infection of the bone called osteomyelitis set in. Now,

relocated to Winnipeg, young Tommy spent countless days in the hospital undergoing multiple operations to no avail. Finally, it seemed that the only option left was amputation. That was until renowned orthopedic surgeon Dr. R.J. Smith, stepped up to offer to fix Tommy's leg for free if the family permitted him to use the surgery as a teaching case for medical students. Financially, the family couldn't afford the alternative, so they proceeded with the doctor's offer. The operation was a success, but this memory was pivotal in the formation of a dream that healthcare could be available to all Canadians, regardless of their wealth or status.

At the intersection of his love for people and his deep faith, Tommy Douglas pursued theological studies and became an ordained Baptist minister. Ever a voice for those needing an advocate, he saw this avenue as a way to make a significant impact in people's lives. Newly married and ready to pastor a local church, he and his wife launched into Weyburn, Saskatchewan, in 1930. What he found there was heart-wrenching. Saskatchewan was hit hard by the recession and was experiencing a horrible drought. Farmers could no longer give their families the basic necessities, and ninety percent of them were receiving financial aid from the government. There was a

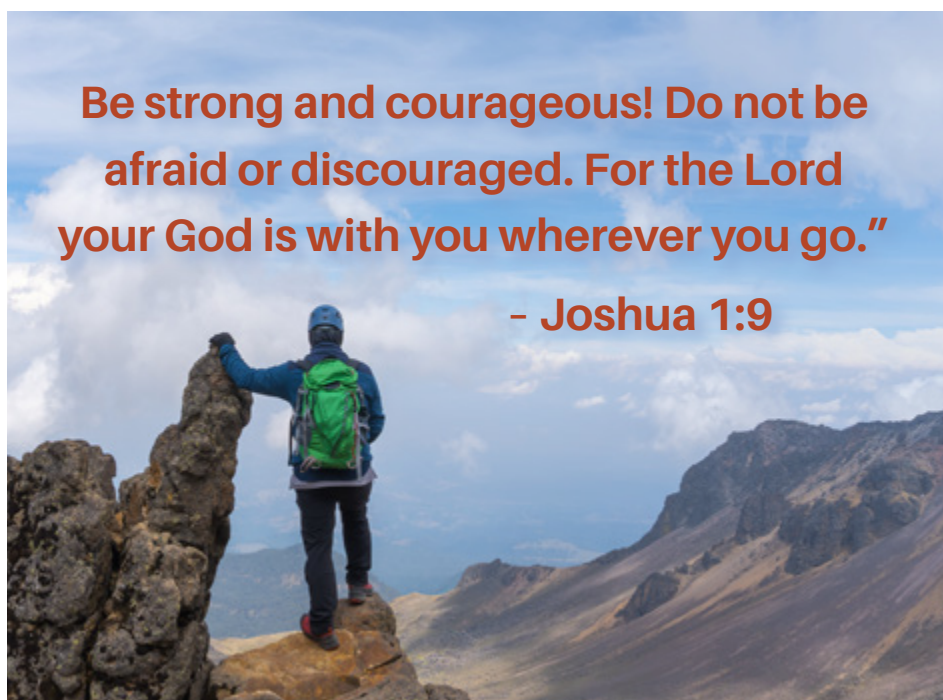
Courage, my friends; 'tis not
too late to build a better world.

Tommy Douglas

complete lack of medical care for these families due to their economic realities, and Douglas knew this was not just. Reflecting on that time, he said,

I remember burying a girl 14 years of age who had died with a ruptured appendix and peritonitis. There isn't any doubt in my mind that it was an inability to get her to a hospital.

Not knowing the end result of a future national Medicare program for all, Douglas merely did his best with where he was and what he had. The church he was leading became the site of food and clothes drives, and he began to come alongside local union leaders to advocate to the government for better support for workers. Networking with ministers, teachers, and labour leaders, he broadened conversations on how to work together to better the whole of society. Courageously, on the foundation of his experience and education, Tommy Douglas went on to become the Premier of Saskatchewan and remained in that role for 17 years. By 1961, the Saskatchewan Medical Care Insurance Act was launched, and a full system of health insurance was now available to all within the province, regardless of their status or income. But it didn't stop there. By 1966, the Canadian government had followed Saskatchewan's lead. The national Medical Care Act came to fruition, a dream born out of adversity and compassion¹. It moved to action through the vehicle of courage that had come to life!



About to take over from his mentor, Joshua receives this message from God: 'be strong and courageous.' With your fears and doubts, knowing your strengths and growth areas, and in the face of the unknown, move forward with courage. But don't go it alone. Right in the encouragement to be courageous is the powerful reminder that he isn't meant to go solo. The strongest of people need outside help.

What a great call for all of us who are connected through the work and care of Good Samaritan. For some, this does take on the form of help from a faith perspective. But, for all, it looks like leaning on another. The food services staff in Gibsons, the volunteer in Medicine Hat, the health care aide in Wetaskiwin, the maintenance

worker in Penticton, the spouse of a resident in Edmonton, the board member living in Pincher Creek, to the individual settling into their new PPDD home, and so many others along the points between, all form this incredible Good Samaritan team. Yes, there is a need for courage to face tomorrow and all the unknowns that come with it. But there is also a reality that we are not meant to face it alone. We need each other and we get to move forward, together! The Hebrew words for 'be strong' in the scripture above mean to fasten yourself to something². Fastened to our mission, vision, and values of healthy relationships, hospitable environments, and servant leadership, we move in courage.

What if our next five years could be our best five years?

¹ de Bruin, T. and Lovick, L.D. (2013) *Tommy Douglas, The Canadian Encyclopedia*. Available at: www.thecanadianencyclopedia.ca/en/article/tommy-douglas (Accessed: January 22, 2023)

² McManus, E.R. (2003) *Uprising: A revolution of the soul*. Nashville: T. Nelson.

A Legacy of Love: Founder's Day Winners

By Sarah Rudd, Manager of Mission Engagement and Chaplaincy

Each September, Good Samaritan marks its heritage with Founder's Day, a chance to hear again the story of a community sharing from their gifts to help neighbours in need. From the legacy of Gottlieb Wedman, we asked staff to share how their teammates were continuing to make a difference. We received stories from across the organization, featuring chaplains, programs and care homes. Upon receiving the stories, one of the care homes would be selected to win a prize, a beautiful painting created by one of Good Samaritan's virtual volunteers.

- Good Samaritan Chaplaincy Team – for their resident and staff spiritual support over the pandemic
- Good Samaritan CHOICE team – for going above and beyond to meet community clients' needs
- Good Samaritan Garden Vista care team & leadership – for their excellent and compassionate care for all community members
- Good Samaritan Mountainview Village – in honour of Sue Atkinson from the Recreation team
- Good Samaritan Stony Plain Care Centre care team – for creating a family like environment for staff, resident and visitors



Hannah Mehling (left), a Good Samaritan virtual volunteer during the COVID pandemic donated her painting, "Candy Mountain" to be enjoyed by residents and visitors at one of our care homes

- Good Samaritan Victoria Heights care team – for celebrating each other every day
- Good Samaritan Village by the Station's Cottage 1 care team – for remaining COVID-free through diligent care and compassion of colleagues, family members, and residents

Good Samaritan Mountainview Village won our contest with the story of Sue Atkinson, a longtime care team member who passed away unexpectedly in 2022.

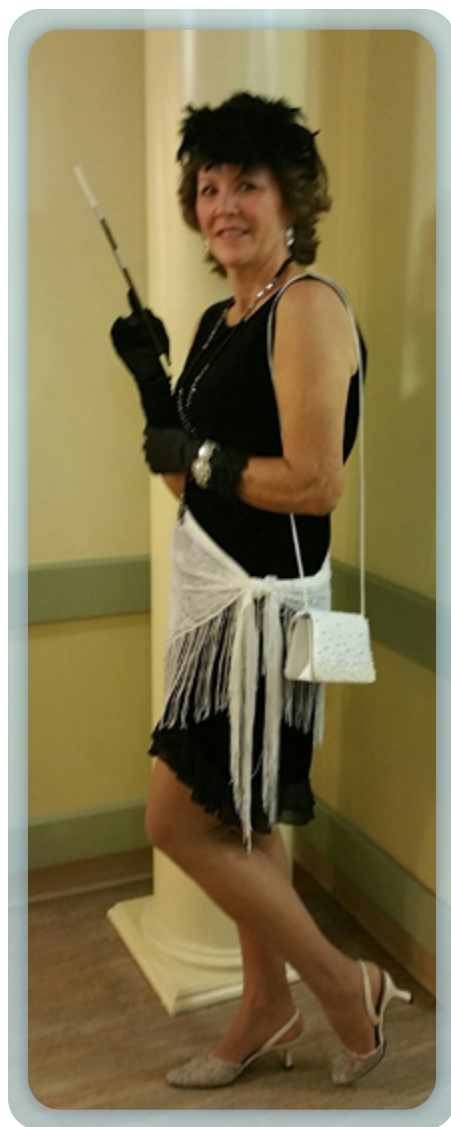
For over 15 years, Sue Atkinson embodied all of Good Samaritan's

core values, including Healthy Relationships, Hospitable Environments, and Servant Leadership. As a recreation aide, she was tireless in her efforts to make those in our community feel welcomed and fostered in a home-like setting each and every day. She was gifted in so many ways at what she did. She was artistic and encouraged our residents to express themselves through painting and numerous crafts. She was a performer, putting on dramas and parties, bringing light and laughter on countless occasions. She was a top notch chef and baker, famous for her treats



▲ Sue walking the red carpet in a one-of-a-kind shirt created during one of the very popular Tie Dye Workshops

and meals that she would prepare with the residents and then serve at coffee socials and themed events. Sue loved painting and art in general, and often brought this skillset and passion to work. She was also the ultimate tour guide, taking our residents out every month to shop, eat and explore what the Okanagan had to offer. In short, she brought everyone together.



▲ Sue had her glad rags at a fundraising event in support of the purchase of a duet bike

The legacy Sue left behind is love. Her love for others and her love of serving. Her battle with cancer was brief and her suffering short lived. In contrast, the indelible impression she left on the hearts of those whom she touched with her kindness & thoughtfulness over the years remains. She may no longer walk these halls nor can we hear her booming laughter, yet her spirit in this place is strong and as she would want, we will carry on.



▲ Sue's daughter Amanda (left) and granddaughter Cassidy (right) at Mountainview Village Fireside lounge



▲ Remembering Sue Atkinson, December 12, 1959 – April 14, 2022

This winter the residents and staff gathered with Sue's family to hang their prize in the fireside lounge - a painting by GS virtual volunteer Hannah Mehling entitled "Candy Mountain."

Thank you to all our contest nominees for the incredible ways you are continuing our legacy of helping neighbours in need. You make a difference!

Celebrating the Season

By Michael Hennig, Communications Coordinator



Residents and staff at Good Samaritan Dr. Gerald Zetter Care Centre sang carols, decorated Christmas trees, ate Christmas cookies and drank hot chocolate together



Staff and residents at Good Samaritan Victoria Heights in New Westminster BC received a special visit from Santa



Good Samaritan Park Meadows Village's annual 'deer' hunt had residents on the lookout for staff dressed up as deer

For many, Christmas is the most wonderful time of the year. This was certainly the case for Good Samaritan, as celebration, good cheer, and acts of caring and generosity rang out throughout our care homes and programs.

Many care homes kicked off the holiday season early with festive decorating and activities for staff and residents. Residents and staff at Good Samaritan Dr. Gerald Zetter Care Centre sang carols, decorated Christmas trees, ate Christmas cookies and drank hot chocolate together. Meanwhile, Good Samaritan Park Meadows Village's annual 'deer' hunt had residents on the lookout for staff dressed up as deer, with plenty of laughs along the way. Residents at Good Samaritan Stony Plain Care Centre made their own festive Christmas sweaters to celebrate the season, while staff and residents at Good Samaritan Victoria Heights in New Westminster BC received a special visit from Santa. Many care homes carried the festivities throughout the holiday season; at Good Samaritan West Highland Centre, residents were treated to twelve days of festive sweets and treats, including homemade snowballs, butter tarts, and shortbread cookies. Across our care homes in Alberta and British Columbia, it was so wonderful to bring smiles to our residents and staff's faces, share Christmas memories, and celebrate the season together.




 The Southern Alberta Bikers donated \$1,000 to Good Samaritan Park Meadows Village

Of course, many of our holiday festivities were made possible by the generosity of volunteers, donors, and other friends of Good Samaritan. Park Meadows Village was the recipient of an outpouring of support from the Lethbridge community, with Green Haven Garden Centre donating beautiful trees and decorations and the Southern Alberta Bikers donating \$1,000 to the care home. Residents from West Highland Centre received beautiful Christmas cards from both Ecole Agnes Davison's first grade students and the Lethbridge Hurricanes U17 AAA hockey team. In Penticton, Good Samaritan Village by the Station saw an outpouring of community support, with Valley First Credit Union donating beautiful hand-made tree ornaments, place-setting cards, and cookies. Meanwhile, residents received over 20 Christmas cards from the kindergarten students of Ecole Entre-Lacs school. In Vernon, Mark Dame and his family for donating gift baskets for ALL of our assisted living residents at Good Samaritan Heron Grove.


Finally, the giving spirit of the season spread to Good Samaritan staff and residents alike. At Good Samaritan Village by the Station, Recreation Therapy Aide Lori Holmes represented residents in donating \$500 to the Penticton Salvation Army. The money went directly to a family in need consisting of a single father and his five children who had a very challenging holiday season. Thankfulness from both the family and the Salvation Army was overflowing!

On behalf of The Good Samaritan Society and Good Samaritan Canada, we hope you and your loved ones enjoyed a happy, healthy holiday season filled with kindness and good cheer. As we look forward to 2023, we hope the spirit of season inspires warmth and generosity that lasts the whole year.



 Raider Peter (left) of the Lethbridge Hurricanes U17 AAA team delivers Christmas cards for Good Samaritan West Highland Centre's residents



 Lori Holmes (left) presents a representative from the Penticton Salvation Army with Good Samaritan Village by the Station's resident's contribution

Donor Impact Report

Spreading Cheer All Year

By Catherine Geddie, Fund Development Coordinator



Good Samaritan Mountainview Village residents have experienced the joy that riding a duet bike can bring

This past Christmas, we were able to once again share space, laughter, and joy with family and friends. For Good Samaritan, it also brought the opportunity to come together to help those who need it most in our communities. As not-for-profit organizations, The Good Samaritan Society and Good Samaritan Canada rely on the generosity of donors to provide quality services; the holiday season is an important time of year to secure donations that provide year-round comfort for our residents and clients.

The 2022 Christmas Appeal aimed to “Spread Cheer All Year” by supporting recreation programs across the organization. Recreation programming provides activities for our residents and others in our care that foster physical, emotional, cognitive, social, and spiritual



The courtyard slip n’ slide was a big hit for residents at Good Samaritan Park Meadows Village

health. This vital part of life in Good Samaritan care homes and programs relies on support from our communities to ensure access for our residents and clients.

We’re happy to report that this year’s Christmas Appeal was an overwhelming success. With your help, we raised over \$36,500 for Good Samaritan recreational programming. Your contributions will help support a wide range of activities that foster the wellbeing of those in our care, providing physical, mental, and emotional stimulation needed for a happy, meaningful life.

Thank you to all of our donors and contributors to our 2022 Christmas Appeal. With your continued support, we can continue to bring friendship and joy to those we serve.



Funding Quality Care and Accommodations

We pride ourselves on our quality care and accommodations, but we know that with the support of additional funds we could do even more.

Government funding pays for nursing and care staff, therapy supplies, and education.

Residents and their families pay fees to cover accommodations and meals. The remainder of our operating budget comes from grants and donations, which are used to enrich the lives of our residents and give them the quality of life they deserve.

Donations are used to provide:

- Art Therapy
- Music Therapy
- Chaplain Service
- New Books
- Community Outings
- Rehabilitation Equipment
- Gardens
- Stained Glass Windows
- Gazebos
- Upgraded Transportation
- Hymnals
- Weighted Blankets
- Improved Lifts
- and much, *much* more.

We turn to you and to our community. By sharing this information and becoming an ambassador of our cause, you will raise awareness and help us fund spiritual care, improved resident comforts, and additional therapies that enhance the quality of life and well-being of our residents.



Please donate by scanning this QR code, visiting gss.org/donate, calling our Fund Development office at 780-431-3757 or emailing them at funddev@gss.org, or using this form.

All gifts will be acknowledged and an official income tax receipt will be issued for all gifts of \$20 or greater.

The Good Samaritan Society and Good Samaritan Canada **do not** sell or exchange donor information and protects your personal information and privacy.

Yes!

I will make a donation.

☐ \$50 ☐ \$100 ☐ \$150 ☐ \$250

☐ \$ _____

☐ One time ☐ Monthly

☐ Mr. ☐ Mrs. ☐ Miss ☐ Ms.

Name _____

Address _____

City _____

Prov _____ Postal Code _____

Phone _____

Email _____

☐ I give my consent for The Good Samaritan Society and Good Samaritan Canada to contact me via email.

☐ I would like to receive my tax receipt via email.

☐ **Do not print my name.**
We acknowledge all donors in print and online; please indicate if you prefer to be anonymous.

☐ Cash ☐ Cheque

☐ VISA ☐ Mastercard

CARDHOLDER INFORMATION

Name _____

Number _____

Exp _____ CVV _____
MM/YYYY

Signature _____

Please make cheques payable to:

The Good Samaritan Society

and mail to:

Fund Development Dept.
The Good Samaritan Society
8861 75 Street NW
Edmonton, AB T6C 9Z9

☐ I would like information about leaving a gift in my will.

(CUT ALONG DOTTED LINE)

I would like my donation to support...

**ALBERTA,
THE GOOD SAMARITAN SOCIETY**

- ☐ Cardston – Lee Crest
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Good Samaritan Canada Receives EquipCare Funding

By Kevin Heaman, Grant Coordinator



▲ Transporting a resident from a bed to a chair or bathroom, and even to another room or area in the care home, can be done safely and reliably with a ceiling lift

Residents and staff at Good Samaritan Canada's care homes in British Columbia have been experiencing upgrades to equipment and furnishings in their residences! Returning for the fourth time, the BC Care Providers Association awarded a combined total of \$346,460 of EquipCare Funding to bring vital infection control, safety, and quality-of-life items to all of our BC care homes. This was a significant increase from previous rounds of funding, and

Good Samaritan Canada was able to fully utilize this opportunity to support our residents' lives in a positive way.

Thanks to these awarded fund, we were able to purchase an assortment of equipment, furniture, and other essential items for Good Samaritan Canada's eight residences in BC. Some of these purchases included cottage blinds at both Good Samaritan Heron Grove and Good Samaritan Hillside Village, a bathing tub at Good

Samaritan Village by the Station, a pergola for the patio at Good Samaritan Victoria Heights, and floor lifts at Good Samaritan Delta View Care Centre.

EquipCare BC funding is provided by the British Columbia Care Providers Association (BCCPA), funded in-turn by the BC Ministry of Health. Since April 2020, they have helped care home operators purchase over 3 million new items including medical screening and respiratory devices, beds and mattresses, over-bed tables, shower chairs and tubs, mobility equipment, lighting and visual aids, sensory rooms, music therapy, ergonomic furniture, and more. These tools also improved conditions for the physical and mental health of our hard-working staff.



Having an air conditioning system can be life saving, especially when outdoor temperatures reach an unbearable high

Real-Life Paw Patrol at West Highland Centre

By Pamela Roy, Recreation Therapy Aide, Good Samaritan West Highland Centre



▲ Constable Braylon Hyggen with PSD Bridge outside Good Samaritan West Highland Centre

Good Samaritan West Highland Centre residents and staff welcomed Constable Braylon Hyggen from the Lethbridge Police Service to their care home, along with police service dogs (PSD) Myke and Bridge. Residents got a hands-on demonstration of how the dogs are trained, as well as how police service dogs work alongside human officers to keep our communities safe.

Both PSD Myke and PSD Bridge are Belgian Malinois, a breed commonly found in police services around the world. While Myke is an 8-year veteran of the force, Bridge is only nine months old and still completing his training. Because police dogs



▲ Constable Hyggen and PSD Bridge demonstrate how they detect contraband substances

typically retire after nine years of service, Bridge is effectively training to take Myke's place in the K9 unit.

West Highland residents were delighted to watch as Constable Hyggen demonstrated how the dogs detect contraband substances. PSD Myke showed resident his uncanny ability to follow a scent around the room, and was rewarded with a spirited game of tug-of-war with his toy afterward. Meanwhile, PSD Bridge expertly sought out washers hidden by Constable Hyggen, and was rewarded with treats for his efforts. Constable Hyggen also highlighted the tools officers use to communicate with the animals, as well as the tools given to the dogs themselves (such as collar flashlights) to help them perform their duties. Both police dogs demonstrated their calm, friendly demeanours as they interacted with residents and staff alike throughout the afternoon.

The afternoon was a wonderful opportunity for residents to meet members of the Lethbridge Police Service. Thanks to Constable Hyggen, Myke and Bridge, our residents got a great opportunity for the to meet valued members of the community they normally wouldn't get to see.

Penguins Come to CHOICE

By Charlotte Collieau and Heidi Mouris, Recreation Therapists, Good Samaritan CHOICE Program



October 15th was African Penguin Awareness Day, and Good Samaritan CHOICE clients received a special visit from Millie. Millie is one of the Edmonton Marine Life Centre's African penguins who visits groups across Edmonton to bring awareness and education to those who are interested in learning about penguins.

Stacey, Millie's handler at the Marine Life Centre in West Edmonton Mall, was a fantastic educator. She taught us so much about penguins; for example, did you know that of 18 species of penguins, only 5 live in colder climates while the rest are all warm weather penguins? We also learned about they use their strong beaks protect themselves, how their eyes have 3 eyelids and how Millie would not close her two major eyelids while she

was here in order to learn as much as she could about her new environment.

Stacey also told us about how penguins' life spans are shortening due to food shortages, and how the Marine Life Centre is one of many organizations developing strategies to ensure penguins' survival. She also taught us that we can make an impact on the health of all wildlife by keeping garbage and pollution to a minimum and buying fish that are Ocean Wise approved in order to maintain adequate fish levels for marine life.

Overall, clients and residents alike had a wonderful afternoon with Millie. Clients, volunteer and staff dressed in black and white, and we had tasty vanilla and chocolate cupcakes with Penguin toppers (designed by our very own occupational therapist, Ellie).



Needless to say, clients and staff learned tons and were enthralled to see a live penguin up close. Millie was an adorable and entertaining guest as she strolled across the table and CHOICE clients learned about her. A huge thank-you to Marine Life Centre for visiting and teaching us about African Penguins.

Hockey Night at GSS with the Edmonton Oil Kings

By Michael Hennig, Communications Coordinator



Good Samaritan staff and volunteers did their part for our Christmas Appeal by volunteering at Rogers Place while the Edmonton Oil Kings took on the Medicine Hat Tigers on December 6th.

Over a dozen volunteers braved the cold to sell 50/50 tickets and Chuck-a-Pucks during the game. Additionally, Good Samaritan President and CEO Dr. Katherine Chubbs was invited to centre ice for the ceremonial opening faceoff.

Although the 3710-person attendance was modest due to frigid temperatures outside, the crowd was raucous in cheering the Oil Kings on against their Eastern Conference rival, the Medicine Hat Tigers. Before the game and during intermissions, Good Samaritans welcomed Oil Kings fans with open arms and smiling faces, and were met with generosity in return. In total, we raised over \$1500 in a few short hours of selling, socializing, and spreading the Good Samaritan message.

Thank you to the Edmonton Oil Kings and their fans for hosting Good Samaritan and helping support our 2022 Christmas Appeal.

Good Samaritan has ticket vouchers available for upcoming Edmonton Oil Kings regular season games. Contact funddev@gss.org for more information and to make a purchase.

Hitting the Right Notes with Music Therapy

By Crystal de Jong, Manager, Site and Clinical Services, Good Samaritan Dr. Gerald Zetter Care Centre

Nadine Veroba-Dagg, MTA is a Certified Music Therapist who comes into work at Good Samaritan Dr. Gerald Zetter Care Centre. Music therapy is the clinical use of music by a certified music therapist to promote the health and wellbeing of an individual. The music therapy program at Zetter has been running for over two years. Nadine works closely with the recreation team to identify residents who will benefit most from the extra support that music therapy provides. Residents who are considered higher priority for music therapy include those who are isolated, who are experiencing higher depression or anxiety, who are having difficulty transitioning to the long-term care environment, have higher amounts of pain, or those who have a strong history of music in their lives. After assessing each resident referred, either individual sessions or small group sessions are provided depending on the goals and needs of each person.

During a music therapy session, Nadine works to develop a therapeutic relationship with each person by offering a connection through music. Interventions may include; singing, playing a small handheld instrument, discussion around music and memories, song-writing, music for relaxation, or receptive engagement with the music. Every music therapy session



This photo captures a moment between Katherine and Nadine. Katherine lights up when singing with Nadine. She will often hold the guitar and strum along while singing.

is unique as it is guided by the responses and needs of the individual. The space is held for whatever the person needs from the music that day.

Feedback from the program has been very positive from staff, families and residents. One of the participants in the music therapy program has said many times, "This is the best thing of my week."



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