

# GOOD SAMARITAN'S VIRTUAL RUN, WALK & ROLL

1KM, 3KM, 5KM OR MORE. JULY 1 - JULY 31, 2022



## Event Frequently Asked Questions (FAQs)

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- How do I register for the event:
  - Visit [gss.org/events](https://gss.org/events) to register for the event and start fundraising.
- Can I make a donation to my own Run, Walk & Roll?
  - Absolutely, you can start your fundraising by making a donation on your participant page during the registration process or at any time afterwards.
- Is my donation eligible for an income tax receipt?
  - Any donation over \$20 is eligible for an income tax receipt. Tax receipts will be sent via email automatically through Canada Helps when a donation is made.
- Is there a cost to register for the event?
  - There is a \$20 registration fee.
- Is there a minimum amount that I am required to fundraise?
  - No, there is not a required amount that you must fundraise in order to participate but, we ask each participant to do their best with fundraising and raising awareness. If you need help navigating your personal fundraising page, we are happy to assist you! Just email [FundDev@gss.org](mailto:FundDev@gss.org).
- Is there a specific distance that I must run, walk or roll?
  - Participants can choose the distance that they are able to complete.
- What does the funds raised through the event support?
  - All funds raised from each of the care home and program teams, stays local to support the residents and individuals of that specific location. Funds raised through event sponsorship and non-care home teams will support the New Initiatives in Care Excellence (NICE) Program.
- When do I have to complete my Run, Walk & Roll?
  - We ask all participants to complete their Run, Walk and Roll at their convenience between July 1<sup>st</sup>, 2022 and July 31<sup>th</sup>, 2022.
- Once I have completed my Run, Walk and Roll, how do I log my participation and distance?
  - Once you have completed your distance please post a photo and the distance that you logged using the hashtags **#RunWalkRoll** and **#GoodSam**. (To be eligible for the costume contest a photo must be included in your post).
  - Those who do not have social media can email their photo and distance logged to [FundDev@gss.org](mailto:FundDev@gss.org).
- Do I have to dress up as a superhero to participate:
  - No, you do not have to dress up to participate in the event but... there are prizes available for the best costume.

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DRESS UP AS  
YOUR FAVOURITE  
SUPERHERO!



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- Are there prizes available?
  - Each participant who raises a minimum of \$20 will receive a special gift.
  - The first 25 people who register and raise a minimum of \$100 will also receive a special gift.
  - There is also prizing available in a number of categories including:
    - Highest fundraiser (Individual)
    - Highest Fundraising Team
    - Best Costume (photo must be shared on social media to be eligible)
    - Social Media Superhero (for those that are most active sharing the event on various social media platforms)
- How long to I have to fundraise for the event?
  - You can start fundraising right now! Once you have registered, you can start sharing the URL on your participant page so people can donate to your run, walk and roll. Fundraising can continue until the end of June.
- Are there any safety precautions related to COVID-19 that I should consider?
  - Please check your local health authorities
    - Alberta – <https://www.alberta.ca/coronavirus-info-for-albertans.aspx>
    - British Columbia - [www.gov.bc.ca/COVID-19](http://www.gov.bc.ca/COVID-19)