

COVID-19 CONTINUING CARE DAILY CHECKLIST

Visitors and Volunteers

Overview

This tool was developed to support continuing care sites and reduce the risk of transmission of COVID-19. **Visitors and volunteers** are required to complete this checklist before entering the continuing care site. Children may need a parent or guardian to assist them to complete this screening tool.

Any person who is a confirmed case of COVID-19, or has been tested for COVID-19 and is awaiting the results, must not enter the site and must follow isolation requirements as per [CMOH Order 39-2021](#).

1.	Have you traveled outside Canada in the last 14 days AND have you been directed to quarantine?	YES	NO
<p>If you answered “YES”:</p> <ul style="list-style-type: none"> Do not enter the site unless you have been authorized for an exemption from quarantine. Please see the Government of Canada Travel, Testing, Quarantine and Borders for more information regarding quarantine requirements, <p>If you answered “NO”, proceed to question 2.</p>			
2.	<p>Have you had any known close contact with a lab-confirmed or probable case of COVID-19 in the last 14 days?</p> <p>Close Contact - means you were face-to-face contact within 2 metres for 15 minutes or longer, as well as direct physical contact such as hugging, or contact with infectious body fluids. <i>Note: A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact</i></p> <p>Probable Case - means an individual who had close contact with a confirmed case OR was exposed to a known outbreak, or had lab exposure to biological material known to contain COVID-19.</p>	YES	NO
<p>If you answered “YES”:</p> <ul style="list-style-type: none"> Do not enter the site for 14 days from the last day of exposure, regardless of your immunization status. <p>If you answered “NO”, proceed to question 3.</p>			

3.	Do you have any new onset (or worsening) of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
• Conjunctivitis (commonly known as pink eye)	YES	NO	
If you answered “YES” to any symptom in question 3:			
<ul style="list-style-type: none"> • Stay home or return home. Do not enter the site • Use the AHS Online Assessment Tool or call Health Link 811 to receive additional information on testing and isolation. • Adults (18 and over) with fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste or smell are required to isolate for 10 days as per CMOH Order 39-2021 OR receive a negative COVID-19 test and feel better before returning to a continuing care site. • Children (under 18) with fever, cough, shortness of breath, or loss of sense of taste or smell are required to isolate for 10 days as per CMOH Order 39-2021 OR receive a negative COVID-19 test and feel better before returning to a continuing care site. • If your child is experiencing any symptoms from the list above, do not bring them to visit the facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better. 			
If you answered “NO”:			
<ul style="list-style-type: none"> • You may enter the site. 			