

What is a Multi-Sensory Room?

Multi-sensory rooms are immersive environments specifically designed to stimulate the user's senses. They include specialist sensory equipment which can provide a relaxing environment, stimulate the user's mental activity, develop motor skills, promote interaction, and more.

Time spent in multi-sensory spaces can have lasting benefits. Using our existing multi-sensory space, we have seen significant improvements in resident well-being, including a decrease in pacing, anxiety, aggression, falls, and other challenging behaviours. The results have been nothing short of remarkable!

Our Objective

Our goal is to develop a complete multi-sensory room that can help our residents navigate their environment. Our Rehabilitation department will work with other teams and resident family members to create environments and programs to meet the needs of our residents.

With the use of the multi-sensory room and an established rehabilitation program, we hope to improve behaviours, decrease stress, increase comfort, and increase safety while enhancing residents' quality of life.

We hope to include:

- Star Gazer Projector
- Fibre Optic Curtains
- Fireworks Extravaganza Panel
- Memory Boxes
- Sensory balls and other tactile objects
- Marble Wall Panel
- Abstract Tactile Wall
- Aromatherapy supplies
- more appropriate storage



WHAT OUR RESIDENTS ARE SAYING:



"When I feel stressed, I know I need to spend time in the sensory room. After I do, I feel relaxed and happy."



"It helps me focus so I can receive my therapy."

Good Samaritan Stony Plain Care Centre Fundraising Initiative

multi-sensory room and rehabilitation program



Your support is appreciated.
For more information,
call **Joanne Pretorius**
at **780-963-8485** or
email at **jpretorius@gss.org**.



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**GOOD
SAMARITAN**

Stony Plain Care Centre

With your support we can continue to develop our multi-sensory room to meet the rehabilitation goals of our residents.

Star Gazer Projector

Creates displays with multiple patterns, colours, and speeds which is paired with sound effects.

Fibre Optic Curtain

Provides visual and safe tactile stimulation. Twinkling lights are engaging and help with creating a calming and soothing ambience. The visual effects attract the attention of the user. The strands allow for tactile play.

Fireworks Extravaganza Panel

Create amazing displays by selecting from a number of patterns, colors and speeds each paired with sound effects. This panel offers a number of different sound effect themes for a more relaxing or varied sensory experience.

Memory Boxes

Familiar items to invoke memories and to reminisce.

Sensory Balls

Allows for tactile and olfactory stimulus for sensory play.

Marble Wall Panel

Marbles can be turned to receive visual, aural and tactile sensory input. Provides a tactile glass stimulus (over 1000 marbles), sparkling light and gentle noise. This panel will be mounted to a wall.

Abstract Tactile Wall

This panel had lots to touch, feel and explore, with the added benefit of lights. This panel will be mounted to a wall.

